

Naturopathic Medicine Collaborative

BECAUSE WE ARE STRONGER TOGETHER

December 2019 - Quarterly Q & A

Please read the following slides and then submit your questions for the webinar presenters at:

www.naturemedpro.org/naturopathic-medicine-collaborative

**NMC Stakeholder
Organizations, please update
your contact information below:**

<https://forms.gle/exY8f1dkLzUnu7LQ6>

Save the Dates for 2020 NMC Webinars:

- 03/11/2020 (Wednesday, 8pm eastern/5pm pacific) - [Click to register.](#)
- 06/10/2020 (Wednesday, 8pm eastern/5pm pacific) - [Click to register.](#)
- 09/09/2020 (Wednesday, 8pm eastern/5pm pacific) - [Click to register.](#)
- 12/09/2020 (Wednesday, 8pm eastern/5pm pacific) - Link to follow.



Is Your Organization an NMC Stakeholder yet?

TO JOIN THE NMC PLEASE CONTACT INM...

MICHELLE SIMON, PHD, ND

(206) 486-3380



EMAIL ADDRESS

msimon@naturemed.org



Webinar Agenda

- NMC:
 - Shared Values
 - Next steps for becoming a collaborator within NMC
 - Save the Dates for 2020 webinars
 - Summit on the Future of Naturopathic Medicine
 - Governance/Stewardship Council update
 - Action Team Q&A and updates
 - Profession-wide fundraising opportunities
- Profession-wide marketing, media and communication
- NMC Stakeholder Org Q&A
 - INM, AANP, AANMC, NMSA, NERC, FNMRA, WNF via AANP, VAANP, ILANP, WANP, NAPCP, PsychANP, OncANP, Bastyr, NUNM HRI, NPRI, IHAN, FNMI
- Follow-up question(s) survey

Slide deck Index:

- 8 - 12: NMC Background Info
- 13 - 14: NMC Key Milestones and Achievements thus far
- 15 - 17: NMC Proposed Guidelines
- 18 - 20: NMC - A Collaborative Fundraising Model
- 21 - 22: Summit on Future of Naturopathic Medicine
- 23 - 24: Summit Action Team: Unifying Identity
- 25 - 26: Summit Action Team: Post-Graduate Success
- 27 - 29: Summit Action Team: Research
- 30 - 31: Summit Action Team: Culture of Collaboration
- 32: Summit Action Team: Educational Reform
- 33: Campaign for Naturopathic Medicine
- 34 - 37: Update - Institute for Natural Medicine (INM)
- 38 - 40: Update - American Association of Naturopathic Physicians (AANP)
- 41 - 42: Update - Association of Accredited Naturopathic Medical Colleges (AANMC)
- 43 - 45: Update - Naturopathic Medical Student Association (NMSA)
- 46 - 48: Update - Federation of Naturopathic Medicine Regulatory Authorities (FNMRA)
- 49 - 51: Update - Naturopathic Academy of Primary Care Physicians (NAPCP)
- 52 - 53: Update - Naturopathic Education & Research Consortium (NERC)
- 54 - 58: Update - Foundations of Naturopathic Medicine Institute (FNMI)
- 59 - 61: Update - Bastyr University
- 62: Update - Illinois Association of Naturopathic Physicians (ILANP)
- 63 - 65: Update - Washington Association of Naturopathic Physicians (WANP)
- 66 - 68: Update - Virginia Association of Naturopathic Physicians (VAANP)
- 69 - 72: Update - World Naturopathic Federation (WNF) from AANP member
- 73 - 75: Update - Oncology Association of Naturopathic Physicians (OncANP)
- 76 - 79: Update - Psychiatric Association of Naturopathic Physicians (PsychANP)
- 80 - 83: Update - Helfgott Research Institute at NUNM
- 84 - 85: Update - Naturopathic Physicians Research Institute (NPRI)
- 86 - 88: Update - Integrative Healers Action Network (IHAN)
- 89: Closing

The 2019 NMC Update

**NATUROPATHIC
MEDICINE
COLLABORATIVE**

AN EMERGING PHILANTHROPIC
FUNDRAISING COLLABORATIVE



Background Summary

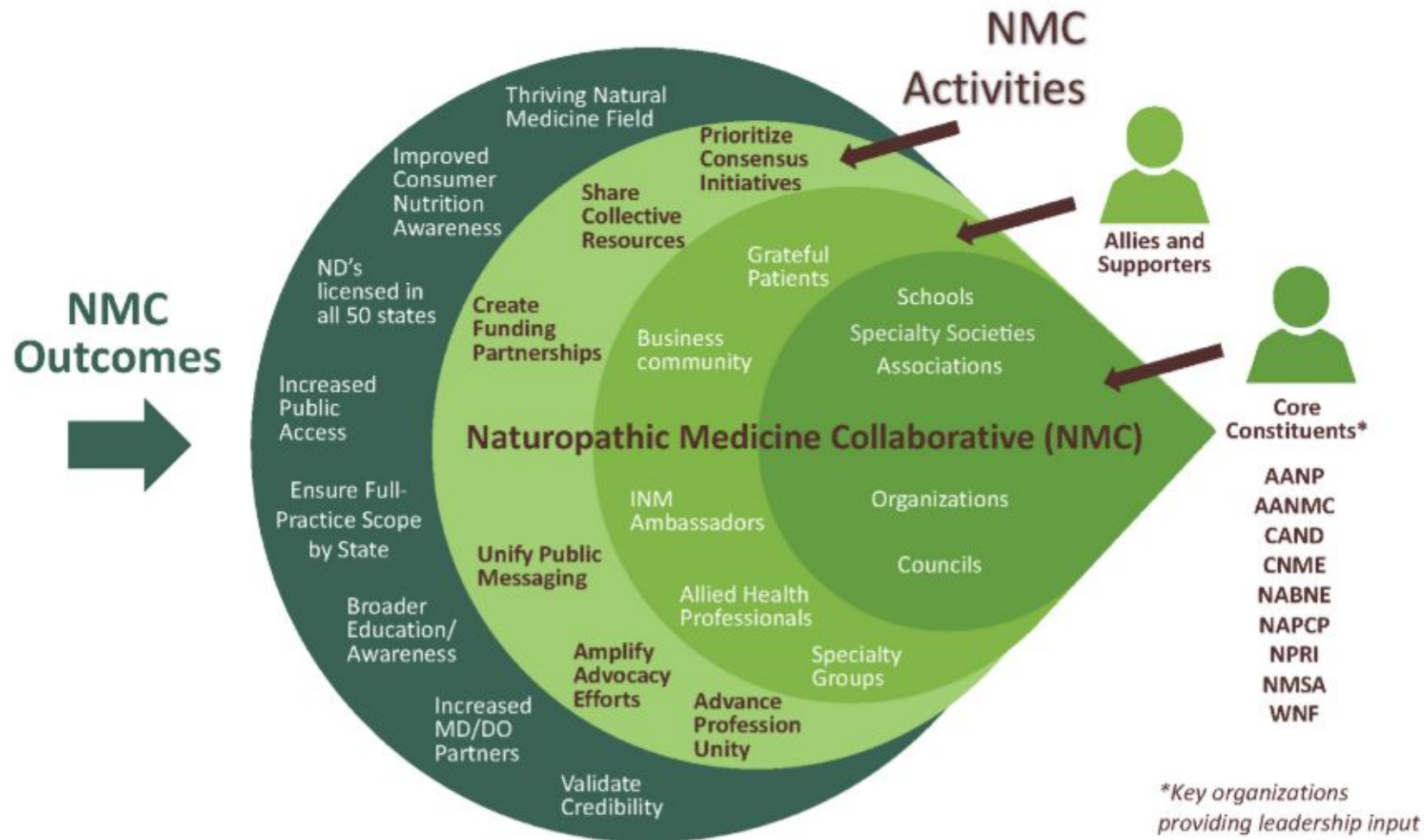
A MESSAGE FROM INM

The Naturopathic Medicine Collaborative (NMC) was formed in 2014 as a group of leaders from across the sector's key influencer organizations in North America who have united with the intent to collaborate on key outreach to potential donors, to foster progress and innovation in naturopathic medicine.

The NMC was originally envisioned and is currently housed by the INM.

Naturopathic Medicine Collaborative—Stronger Together

Hosted by the Institute for Naturopathic Medicine





VISION

To create wide scale access to naturopathic medicine, thereby transforming lives and the health care system across the continent

GOAL

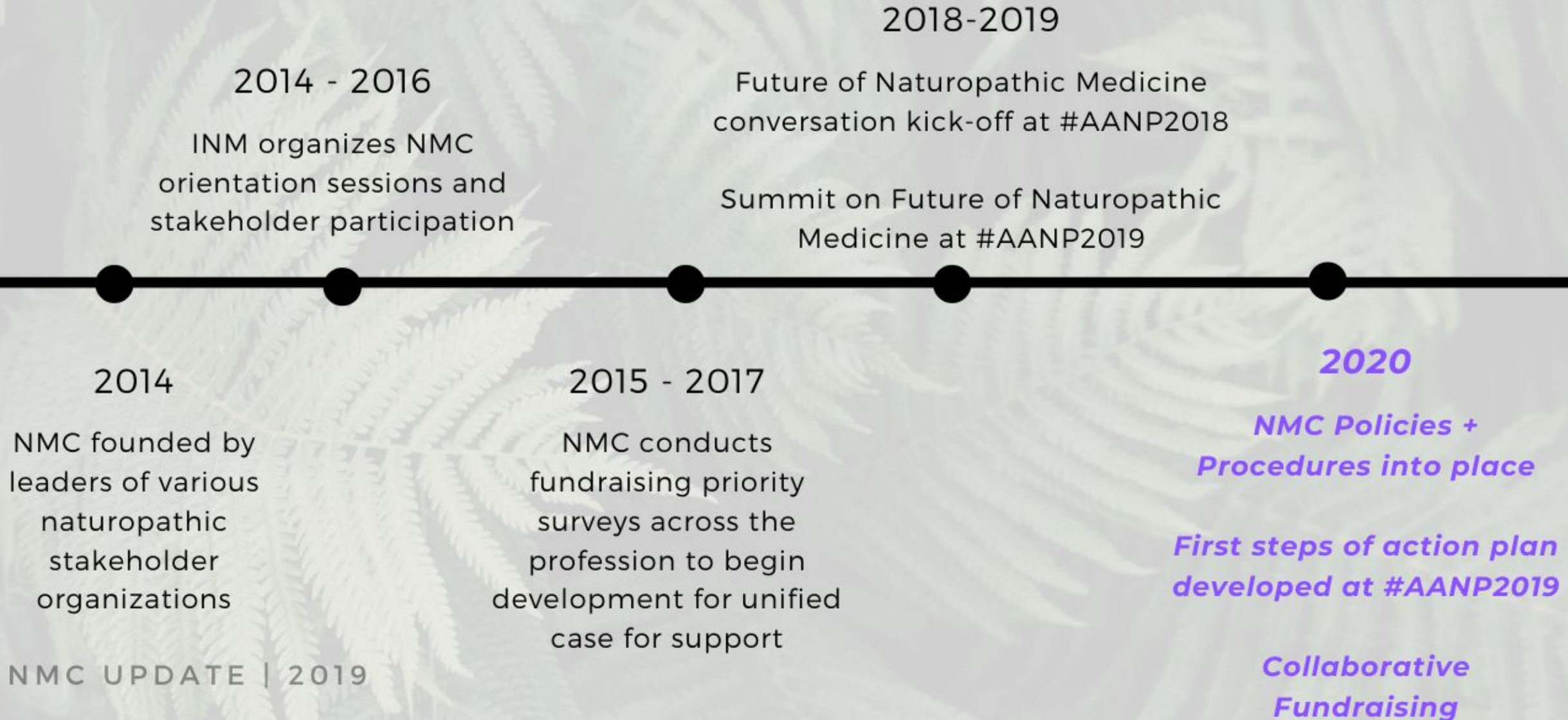
To develop **breakthrough philanthropic partnerships** with contributors and collaborators helping to **bring naturopathic medicine to a wider community of people**

The NMC is founded on values of:

collaboration, dependability,
trustworthiness, creativity,
egalitarianism, transparency,
respect, and a commitment
to results.

Key Milestones

THE IMPACT OF OUR ACTIVITIES



*Building the
Culture of
Collaboration*

It's happening!

PRIMARY CARE TASK FORCE + LOAN
FORGIVENESS OPPORTUNITIES

WANP, NAPCP, Bastyr University, NRPCA, and INM
currently collaborating

PUBLIC EDUCATION - NUTRITION

NMI, Food as Medicine Institute, and INM***

FUNDRAISING FOR RESIDENCY DEVELOPMENT

AANMC, AANMC school presidents, INM

FISCAL AGENCY

INM + OncANP,
INM + Foundations of Natural Medicine

*** POTENTIAL TO COLLABORATE

Proposed Guidelines

FUNDRAISING & FRIEND-RAISING

- Shared case development and priority identification
- Identification of prospects Bringing existing donor relationships and/ or cultivations into INM
- Proposal development Engagement/Solicitation team(s)

SHARING OF FUNDS RAISED

- Advance agreements
- Memorandums of understanding

DONORS

- Confidentiality
- Donor Agreements

Proposed Guidelines

ADMINISTRATION

- Fees
- Donor management, reporting, and stewardship
- Deliverable accountability, management.

RECOGNITION

- Opportunities and investments
- Recognition Agreements

Proposed Guidelines

Joining the NMC:

Introducing a shared value and mission-oriented “sign-on” statement in 2020 for each NMC organization, similar to collaboratives such as [LiveWell San Diego](#).

Advancing the Art of Collaborative Fundraising

- Fundraising together can allow for larger goals and higher impact than any organization can achieve alone.
- Through collaboration, organizations can expose themselves to new potential donors and supporters and achieve heightened public awareness around their mission.
- Donors are increasingly looking for organizations to work together and bring in more of the community so that their support can have more far-reaching impact.

The Next Wave in Fundraising Collaboration, J Lee, Stanford Social Innovation Review – Informing and Inspiring leaders of social change. Jun 2017

How Do We Collaborate?

- Starts with trust. Among boards, leadership, staff and others.
- Must have shared values and principles.
- Must have aligned cultures and goals.
- Takes time to develop.
- Develop timeline and specific steps in the process.
- Regular deep and detailed planning meetings to address all aspects of the relationship.
- Start small and grow with project size and participating members.

Collaboration Examples

- Joint fundraising events or outreach
- Sharing resources
- Sharing staff
- Splitting revenue
- Fiscal sponsorship or agency
- Co-management of programs or initiatives

NMC

*stronger
together*

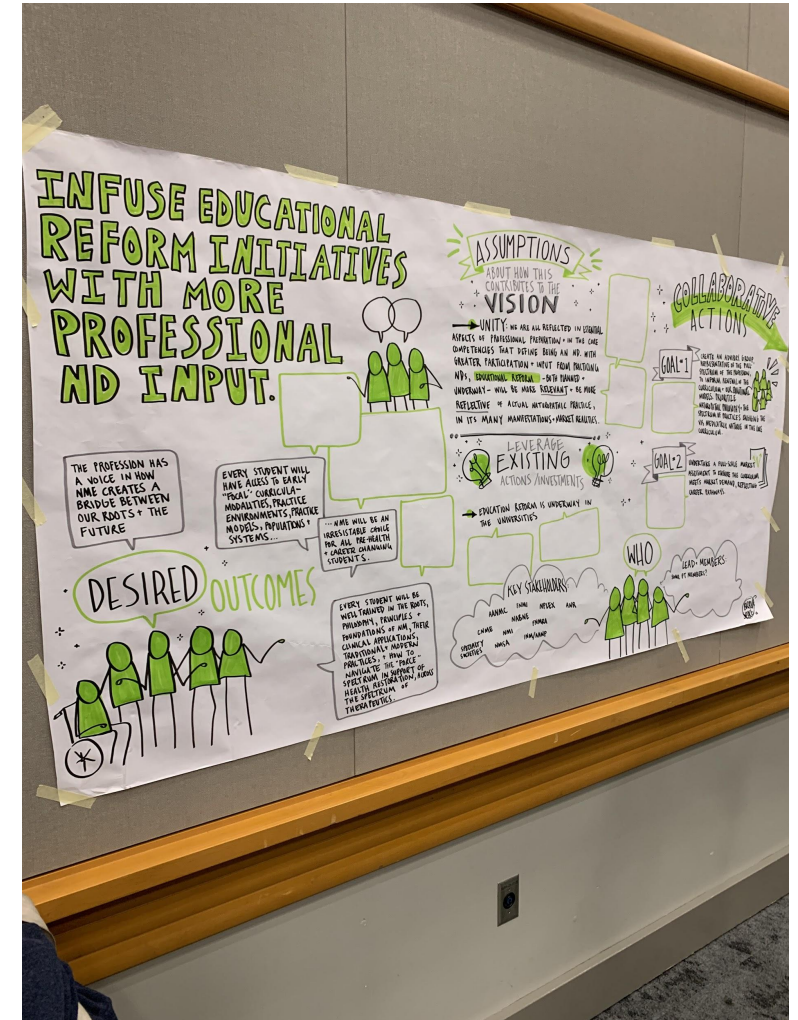
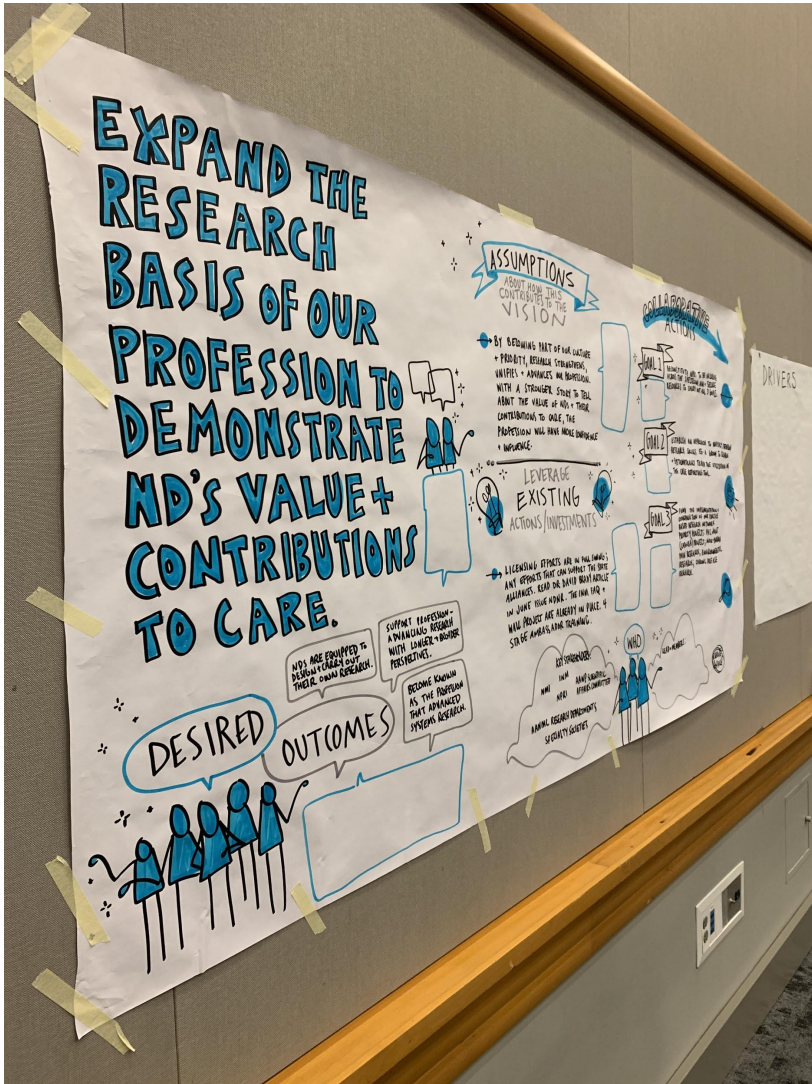
Summit on the Future of Naturopathic Medicine

Closing Summit and Action Teams

In-Person Closing Summit

Conversation for the Future of Naturopathic Medicine

- Final session of this year-long conversation was held at the AANP Convention and Exhibition in August:
- This final session included an interactive summary of the year-long process and collaborative agenda-setting for the profession.





INITIATIVE: REINFORCE A MORE UNIFYING IDENTITY FOR THE ND PROFESSION

Thom Kruzel, ND, tkruzel@earthlink.net

+

Torrie Goudy, ND, RN, drtorriend@gmail.com

The Unifying Identity Initiative Action Team held its first and only meeting to date on Tuesday October 22nd 2019. Members present were Torrie Gardie, ND co-chair; Emily Telfair, ND, Blake Langely, ND and Thomas Kruzel, ND co-chair. Absent were Anton Alder, ND, Danielle Phillips-Dorsett, ND, and Aspen Percival, ND. Absent team members were subsequently contacted and forwarded the minutes of the meeting.

Each team member was asked to voice their understanding of what the task force's charge was. This was followed by suggestions as to how more information could be gathered for inclusion in the process. A suggestion was made to invite Griffin McMath, ND to become part of the team as she has been working with INM in helping to shape the public image and education about Naturopathic Medicine. Additionally, Ricky Kirschner, ND was suggested as someone whom would be a valuable member of the taskforce and he subsequently agreed to be part of it. Also Griffin McMath, ND agreed to join the team.



INITIATIVE: REINFORCE A MORE UNIFYING IDENTITY FOR THE ND PROFESSION

It was agreed that the committee would research and gather different definitions of ND medicine such as the Department of Labor for review but a copy of the AANP definition was included for review. Because of this there was some uncertainty as to what the taskforces was being charged to do as an AANP adopted definition was already in place.

Several process scenarios were discussed, but no decision as to what the process will be was made at this meeting.

Copies of the minutes were sent out to Maggie Beeson, ND, Michelle Simon, PhD, ND and Laura Farr AANP executive director for review. The feedback received from them suggested that the taskforce does not have to redefine the definition but use it to help create unity among the profession. To that end Laura Farr volunteered to become a member of the taskforce to help guide the process.

It was agreed by the co-chairs that the taskforce would reconvene after January 1st due to the busy holiday season.

Thomas A Kruzel, ND
December 4, 2019

POST GRADUATE SUCCESS ACTION TEAM

- Co- Leads: La Deana Jeane and Kristin Bishop
 - ladeanajeane@gmail.com and ckbishop6@gmail.com
- Objectives:
 - Goal #1: Create a broad based coalition to **develop residencies for each graduate.**
 - Goal #2: Expand **postgraduate support and mentorship**
 - Goal #3: Expand resources and engagement needed to **support licensure efforts in all 50 states.**

QUESTIONS, CONCERNS, IDEAS

- Goal #1: RESIDENCIES
 - Widely acknowledged problem for our profession – Identified as our team’s HIGHEST priority
 - How many sites exist amongst all the organizations that offer residencies? What support documentation already exists?
 - Funding? Do we need federal funding to create residencies for all students? PSLF (Public service loan forgiveness opportunities)?
 - Idea: At AANP’s opening presentation recognize residents and post a slide with a number to “text and donate” to help fund a residency opportunity. Meetings at AANP or webinar on “How to Start a Residency”
- Goal #2: Mentorship and postgraduate support
 - How do we expand state level clinical mentorship programs? Incentives for potential mentors (ex: CE)
 - How do we offer more business training for graduates? Business mentorship programs?
 - Ideas: Create a “find a mentor” app for NDs
- Goal #3: Licensure in all 50 states
 - How will we engage our whole profession in owning and investing in this goal of all states licensed by 2025?
 - Should school’s invest in training student’s in policy work? How do we encourage more doctors to attend DC FLI?
 - Can we engage affiliate organizations of Nat Medicine to be actively involved in state licensure?
 - Ideas: Model bill with standards and guidelines, Formal lobby plans with influencers, fund firms that can work across states
 - Other organizations to involve: IHAN, International medicine groups (WNF/WHO),

Future Naturopathic Medicine

Research Working Group

Inspiring Messages about NM Research

- We've come so far as a profession and need to continue to build on previous work and establish a “naturopathic” body of research
- Restart Naturopathic Physicians Research Institute (NPRI)
- Create a culture of research - integrating clinicians, faculty and students, and allies in academic research centers
- Influence health, health care, and medicine at large
- Further whole practice systems research in NM
- Need for development and support – schools, philanthropy, NMC’s approach to collaborative funding, all approaches required

Research Working Group Action Steps

1. Establish guidelines for ND research and/or whole systems research
2. Ownership of guidelines for whole systems research – define in ND components, e.g. “remove obstacles to cure, follow NM principles, follow therapeutic order, patient-centered NM model of care...”
3. Ask schools to provide salary support (e.g. 0.5 FTE) to place a member on this Research Working Group committee
4. Establish active Research Working Group (likely future, after member appointed, pan-profession goals and timeline set)
5. Build on the current foundation of NM research



INITIATIVE: “PROFESSION, HEAL THYSELF” – CREATE A CULTURE OF COLLABORATION

Erin Rhae Biller, ND, drerinrhaebiller@gmail.com

+

Holly Lucille, ND, RN, drholly@drhollylucille.com

GOAL 1: Develop the advanced leadership skills of ND influencers to create more professional impact and positive change.

GOAL 2: Train all NDs in the skills that support high levels of professionalism and collaboration, including effective communication and the development of workplace cultures that are representative of such values.

GOAL 3: Provide support for continued intraprofessional collaboration and dialogue, that allows all of the profession’s stakeholder organizations and individuals to feel respected and empowered as agents of change within their domain of influence.

Naturopathic Medicine Collaborative Engagement Webinar December 2019

INITIATIVE: “PROFESSION, HEAL THYSELF” – CREATE A CULTURE OF COLLABORATION

Questions, complexities, nuances that have come up regarding these objectives:

- a. Identification of current structures that do not promote collaboration and identify the issues
- b. Limited access to other stakeholder policies
- c. Inter-committee communication, time accessibility and reduced committee participation after August

Any concrete proposals for a community-wide 2020 work plan to achieve these objectives:

- a. Template of recommendations for Key Stakeholders (AANP, AANP HOD, Elders, State Association Leaders, INM, INM-NMC orgs, NCC orgs, AANMC, NPLEX, NMSA, NABNE)
 - i. Documentation - Contract of Values/Code of Conduct
 1. Consistent values need to be tangible
 2. Proposed naturopathic medical values that will also take into account historic and recent events as informing the proposed values
 3. Roll out poses opportunities to make sure no one is missed and that this training begins day one of naturopathic medical education and continues throughout professional expansion
 - ii. Request for proposal (RFP)
 1. Advanced training of leaders
 - a. Tiered recommendations for implementation
 - b. Proposing new values and communications skills



INITIATIVE: Infuse Educational Reform with More Professional ND Input

Tyler Farrish, ND, drtylerfarrish@gmail.com

+

Melissa Manda, ND, mmanda89@gmail.com

+

Jorge Reveron, ND, jorge.a.reveron@gmail.com

No report at this time.

Campaign for Naturopathic Medicine

- A strategic effort to generate and share positive content about naturopathic medicine with the public
- Conducted in partnership between INM and the AANP
- Includes generation of:
 - Answer pieces for frequently asked questions about naturopathic medicine
 - Naturopathic medicine patient stories (long and short form)
 - Blog posts, self-published articles
 - Placed articles
- Updated stats shared during webinar

Institute for Natural Medicine (INM)

Michelle Simon, PhD, ND
msimon@naturemed.org

- Recently engaged with marketing consultant to deliver improved website function and user experience, and therefore, drastically increasing audience for naturopathic medicine
- Signed contract w/partner organization, Esperanza, for Naturally Well Program in Arizona for February 2020
- Began fiscal sponsorship for OncANP to fund the KNOW Database

Institute for Natural Medicine (INM)

Michelle Simon, PhD, ND
msimon@naturemed.org

- Graduated the first residency class from the INM Residency Consortium, a partnership with Bastyr University, and are now in the second year of the program - having further expanded in this new year
- Working to create an endowment for IM residencies in partnership with a local Seattle bank
- Held successful joint board meeting with The AANP in Colorado this December
- Dr. Joe Pizzorno joined the INM Board of Directors

Institute for Natural Medicine (INM)

Michelle Simon, PhD, ND
msimon@naturemed.org

- The INM Ambassador Program has concluded its trial period and has begun its transition to a new and more user-friendly platform, per feedback of the Ambassador Team. Its resources, opportunities, and integration with other NMC organizations has drastically improved and the re-launch for profession-wide access of the program is slated for January 2020 (email DrGriffin@NatureMed.org for more information)
- The INM Community and Public Relations State Support Program has begun its intake phase with various state associations, has created one joint proposal for another state association, and is beginning to accept state-specific donations to take the program to its next level of growth (email DrGriffin@NatureMed.org for more information)

INM Community and Public Relations State Support Program

COLLABORATION	MESSAGING	SOCIAL MEDIA
<p>This initiative includes more robust communication between the profession's 76+ stakeholder organizations through the Naturopathic Medicine Collaborative.</p> <p>total inclusion • reduced duplication • no more recreating the wheel</p>	<p>Our team will develop and promote clear, unified language across the profession, and enforce accurate definitions across internet and media outlets.</p> <p>accurate and increased search engine results and media mentions</p>	<p>We'll develop & coordinate a strategic content calendar across states and stakeholders to promote naturopathic medicine and maximize social influence.</p> <p>naturopathic medicine gone viral</p>
TRAINING	RESOURCES	LEADERSHIP
<p>Our expert staff will provide individual attention to state associations and advocates regarding outreach techniques and key communication skills</p> <p>communities across America fired up for naturopathic medicine</p>	<p>To support effective outreach and communications, we'll augment trainings with an expanded online portal full of webinars, templates, and toolkits.</p> <p>a one-stop shop to great communications</p>	<p>Through these tools and direct cultivation, this initiative will empower a diverse leadership with new opportunities & exposure.</p> <p>fresh faces, trained & supported</p>

STATUS:

In early fundraising and development phases of an initial pilot project.

SEEKING:

We may be reaching out to NMC stakeholders regarding input on the relevant support needed for state associations at various stages of growth.

Please email:

DrGriffin@NatureMed.org



AANP Q4 Major Developments

WELCOME TO THE NEW AANP WEBSITE & MEMBER PORTAL!

AANP Members: Please reset your password & update your profile!

- New website, membership and events platform launched November 21, 2019
- AANP members encouraged to reset their password and update their profile
- The new site offers:
 - Quick Links to access the benefits and tools you use the most
 - An updated Find a ND tool to allow prospective patients to find you easily
 - Easier navigation to Calendar, News, FAQ and Event Registration
 - Professional Development (CE) tracking tools
 - Mobile friendly to manage all your membership needs while on the go



AANP Current Collaborations



Convening Post-Summit **Naturopathic Coordinating Council** for profession-wide strategy.

- AANP President/Exec Director
- AANP House of Delegates representing states and specialty groups
- Association of Accredited Naturopathic Medical Colleges (AANMC)
- Federation of Naturopathic Medicine Regulatory Authorities (FNMRA)
- Naturopathic Medical Student Association (NMSA)
- 7 US and Canadian colleges
- Institute for Natural Medicine (INM)
- World Naturopathic Federation (WNF)
- Canadian Association of Naturopathic Doctors (CAND)
- North American Board of Naturopathic Examiners (NABNE)
- Council on Naturopathic Medicine Education (CNME)



AANP 2020 Goals

- **Licensure of NDs** in all 50 states!
- Advance ND participation **in the VA and recognition by Medicare**
- Continue the fight to **Protect Patient Access to Compounded Medications** from FDA's attempts to make illegal the compounding of things like ALA, B12, Glutathione, Curcumin, NAD, etc

- Develop a stewardship council to support the ongoing work of the **Summit on the Future of Naturopathic Medicine**
- Launch a **Professional Development series and Online CE Store** to support members
- Continue the **"Washington Initiative"** – an effort to work with our state and specialty affiliates to improve how we can collaborate to decrease competition and duplicative efforts in our profession and increase our capacity to be more effective, together.



Point of Contact:
JoAnn Yanez, ND, MPH, CAE
Executive Director

Please complete the AANMC Alumni Survey.

- **Survey closes Dec 15 11:59pm**
- You have received an email from Alumni Services from your respective institution. If you haven't received this email please contact your institution and update the email address they have on file, or, email AANMC for the link.
- This survey is very important and its results can influence the success of current and future NDs. These data are used for legislative efforts, credentialing, admissions transparency and preparation of future doctors, and more.



2020 AANMC Compensation
and Career Growth Survey

Point of Contact:
JoAnn Yanez, ND, MPH, CAE
Executive Director

Residency Application Timeline

Key Dates	Description of the Process
Friday, November 15, 2019	<ul style="list-style-type: none">Application portal opens at 3:00 PM EST
Monday, February 10, 2020	<ul style="list-style-type: none">Residency application period opens at 12:00AM EST
Monday, March 16, 2020	<ul style="list-style-type: none">Residency application period closes at 9:00 PM EDT
Wednesday, March 25, 2020	<ul style="list-style-type: none">START of the interview period at 11:00 AM EDT
Sunday, May 03, 2020	<ul style="list-style-type: none">END of the interview period at 12:00 AM EDT
Friday, May 15, 2020	<ul style="list-style-type: none">MATCH DAY at 8:00 PM EDT

For any questions or to start a new residency, email residency@aanmc.org. Students are encouraged to review current site locations and begin to think about where they'd like to apply and how to make a strong application for those locations.

NMSA Organizational Update



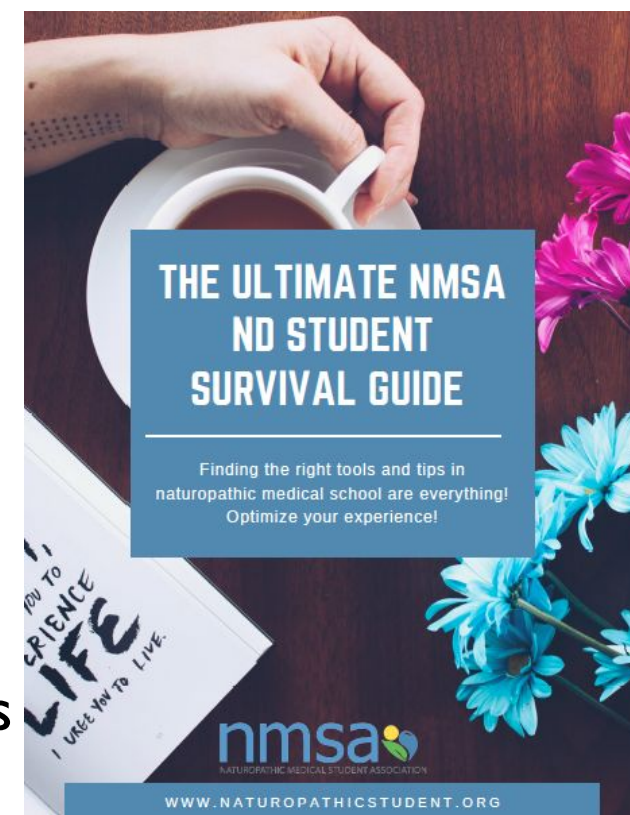
NMSA Organizational Updates:

- New partnership with Hyatt Life Sciences
- Successful Microbiome events across all campuses
- Restructuring positions within NMSA - NMSA admin
- Fellowship Season
- Membership survey
- Continued committee work with NMSA and AANP



Q4 NMSA Wins and 2020 Look Ahead

- NatMedWeek: NUNM Golden Avocado champions
- ND Student Survival Guide
- 18 travel grants awarded
- Organized communication efforts between AANP, AANMC, and NMSA for NUHS incident
- Nurture auto-enrolled schools
- Work to obtain auto-enrollment at all schools
- Winter Workshop
- DCFLI
- NMSA Conference
- AMSA partnership
- NMSA business solutions
- NMSA Scholarship Season



Contact:
Valerie Gettings
NMSA President
president@naturopathicstudent.org



FNMRA

Federation of Naturopathic Medicine Regulatory Authorities

- The FNMRA's mission is to protect the public by connecting regulatory authorities and promoting standards of excellence in the regulation of naturopathic medicine in North America.
- Contact: Shannon Braden, ND Shannonbraden@fnmra.org 503-244-7189

2019 Highlights

- Ongoing support of legislative and regulatory efforts in pre-licensed states and licensed states.
- Began work on telemedicine guidelines with AANP.
- North American Naturopathic Continuing Education Accreditation Council (NANCEAC) accredited 3 naturopathic CE providers.
- Disciplinary Actions List: list of all final disciplinary actions taken in jurisdictions across the U.S. and Canada (except for Arizona and North Dakota)
 - Approximately 251 names on the current list
 - Arizona disciplinary actions will be listed soon
 - The list benefits regulatory authorities because the U.S. and Canada are intricately linked within the profession

2020 Goals

- Address confusion in the profession as to what is appropriate practice of telehealth and how it should be regulated.
 - Plan to work jointly with AANP on this issue
- Discussion about regulation of the prescription of Cannabis and opioids by naturopathic physicians.
- Educate legislators about ND title protection and how it relates to public safety.
- Discussion about CE requirements including cultural competency, suicide prevention, and LGBTQ awareness.
- Continue to assist any naturopathic regulators with sunset reviews, legislation changes, and to assist pre-licensing efforts.
- Discussion about updating sexual boundary violations rules and regulations: Do they reflect current understanding and evidence? How are licensees being educated? How are regulatory authorities reaching out to the public to educate them about reporting?



NAPCP

Promoting Health Through Excellence In Primary Care

NAPCP: A NATIONAL ORGANIZATION WITH MEMBERS THROUGHOUT THE UNITED STATES

PURPOSE

Identifying, selecting and advancing naturopathic physicians and students committed to specializing in naturopathic primary care medicine by:

- Promoting certification for standards of naturopathic primary care for Academy physicians and members;
- Conducting educational programs that maintain competence in naturopathic primary care medicine;
- Advancing the body of knowledge pertaining to the practice of naturopathic primary care medicine;
- Advocating for naturopathic primary care medicine.

VISION

Make certain that the concept and implementation of Naturopathic Primary Care Medicine is inherent in the fiber of all aspects of naturopathic medical training and practice. The implementation of this vision beginning with the first days of training of a naturopathic medical student in an accredited naturopathic medical school will ensure our ability to deliver safe, effective and cost effective healthcare.

MISSION

Assure that the distinguishing features of naturopathic medicine, defined by the principles: the healing power of nature, identify and treat the cause, first do no harm, doctor as teacher, treat the whole person, prevention and wellness, are preserved and applied.

NAPCP OREGON UPDATES

- **Oregon Leads:**
 - **Point of Contact:** Aubrey Corbett, ND (Portland) | acorbett@nunm.edu
 - Bill Walter, ND (Eugene)
 - Mario Tarasco, ND (Florence)
 - Tania Neubauer, ND (Hillsboro)
- **Recent highlights**
 - October: Leadership meeting, strategic planning
 - November: Doctor-student mixer: 30+ in attendance
- **Goals for 2020:**
 - Monthly or every other month meet-ups for discussion of medical decision making, ways to establish and improve primary care practices in Oregon
 - Proposal placed for AANP Pre-Con in 2020
 - NDs interested in primary care – definition of a PCP, requirements for PCPCH status, referrals and networking with MD/DO, standards of care

NATUROPATHIC

Education & Research

C O N S O R T I U M

Current Sites: 9 clinics/14 Residents

- **A Woman's Time, Portland, OR Tori Hudson:** Erin Conlon & Rachel Supernaut
- **Yellowstone Naturopathic Clinic, Billings MT-Margaret Beeson:** Ryan Turnewitsch & Melissa Manda
- **Pearl Natural Health, Portland, OR Patrick Chapman:** Ryan Heer
- **Center for Natural Medicine, Portland, OR Martin Milner:** Erin Weaver
- **Northwest Center for Optimal Health, Marysville, WA**
Kasra Pournadeali: Jennalyn McBride
- **Integrated Health Clinic-Cancer Care Centre, Fort Langley, BC** Gurdev Parmar: Emma Lee
- **Human Nature Natural Health Residency, Portsmouth, NH-** Ian Bier: Ashley Smith & Korene Mosher
- **Kwan Yin Healing Arts Center, Inc., Portland, OR Stefani & Whitney Hayes:** Susan Manongi & Rebecca Sand
- **Seattle Integrative Oncology, Seattle, WA Chad Aschtgen:** Meghan Zech & Alanna Welsh

Thank you to Sponsors

- Bezwecken/Hemcare
- Integ, Ther./Schwabe
- RLC, Inc
- Northwest Remedies
- Benefis Hospital
- Rebel Herbs
- Clark's Pharmacy

Enzyme Science GAIA
Juros Nat Health Intl
 Vitanica Vital Nutrients
St. Vincents Foundation
Pat Tarzian NFH
CV Sciences Divinci
Community Compounding



FOUNDATIONS OF NATUROPATHIC MEDICINE

Codifying our knowledge. It's time.

FOUNDATIONS OF NATUROPATHIC MEDICINE INSTITUTE

Foundations of Naturopathic Medicine Institute

Not just a textbook project: an institute aimed at unifying the profession and health creation



FOUNDATIONS OF NATUROPATHIC MEDICINE
Codifying our knowledge. It's time.



OUR MISSION

To codify, transcribe, publish and distribute naturopathic medical knowledge, concepts, models and their applications;
To benefit, vitalize, and sustain our health, humanity and the biosphere for present and future generations.



OUR GOALS

Contribute to the creation of a healthy world
Catalyze a thriving naturopathic profession
Change the therapeutic order of global health.

FNMI Textbook Pre-Releases



FOUNDATIONS OF NATUROPATHIC MEDICINE
Codifying our knowledge. It's time.

IMCJ Pre-releases of timely and important FNMI content on our [NEW website](#)

This article is protected by copyright. To share or copy this article, please visit copyright.com. Use ISSN#1945-7081. To subscribe, visit imjournal.com

CONCEPTS: **DETOXIFICATION & ENVIRONMENTAL MEDICINE**

Emunctorology: Synthesising Traditional Naturopathic Practice with Modern Science

Stephen P. Myers, ND, BMed, PhD; Thom Kruzel, ND; Jared Zeff, ND, LAc; Pamela Snider, ND

Stephen P. Myers, ND, BMed, PhD, National Centre for Naturopathic Medicine, Southern Cross University, Lismore NSW Australia; NatMed Research, Division of Research, Southern Cross University, Lismore NSW Australia; Foundations of Naturopathic Medicine Institute, Snoqualmie, WA. Thom Kruzel, ND, Institute for Natural Medicine, Seattle WA; Rockwood Natural Medicine Clinic, Scottsdale, Arizona; Foundations of Naturopathic Medicine Institute, Snoqualmie, WA. Jared Zeff, ND, LAc, Naturopathic Medicine Institute, Vancouver, WA; National University of Natural Medicine; Foundations of Naturopathic Medicine Institute, Snoqualmie, WA. Pamela Snider, ND, Foundations of Naturopathic Medicine Institute, Snoqualmie, WA; Bastyr University; National University of Natural

number of North American Universities. It is obviously an idea whose time has come.

Definition

Emunctorology is a synthesis of traditional naturopathic medicine practice and modern science that provides a multisystem construct allowing the integrated study of the organs of elimination (the emunctories), their functional relationships, the role they play in maintaining normal physiology (homeostasis) through the elimination of waste material and toxic substances, the pathophysiology that occurs if the emunctories function sub-optimally or are diseased, and the clinical strategies that are used in modern naturopathic medicine to treat, nourish, tonify, stimulate and sedate the emunctories in the maintenance

CONCEPTS: **VITALISM**

Vitalism—A Worldview Revisited: A Critique Of Vitalism And Its Implications For Naturopathic Medicine

Ian Coulter, PhD; Pamela Snider, ND; Amy Neil, MS, MAP

Ian Coulter, PhD, Rand Corporation, Author, Foundations of Naturopathic Medicine Institute. Pamela Snider, ND, Executive and Senior Editor, Author, Foundations of Naturopathic Medicine Institute and Faculty, Bastyr University, Associate Professor, National University of Natural Medicine. Amy Neil, MS, MAP, Medical Editor, Author, Foundations of Naturopathic Medicine Institute

Philosophy and Medicine

What is the relationship between philosophy and medicine? What is the purpose in studying philosophy and the philosophical roots of current medical practice? Many branches of philosophy address the nature of being, and the nature of existence and reality, which are of ultimate concern to our existence as humans, and thus of influence in medical practice.¹ The influence of philosophy on medical practice extends throughout the history of

This paper represents a philosophical "critique" in which we will systematically explore and characterize vitalism, its position within metaphysics (a branch of philosophy,) and its ontological (core question) and teleological (purpose) perspective, to discern if its concepts can be elucidated in a rational format; i.e: explicitly operationalized to enable scientific inquiry, and to assess its viability as an enduring and future concept within clinical medicine.

The authors suggest that although worldviews are a focus of many branches of philosophy, and although they are metaphysical in nature, they are (and perhaps should be) subject to critique by health professions. It is one thing to be a vitalist—or a scientific materialist—but is something else to use such a worldview as a dogma. We attempt to show how this happens. More importantly we lay out a method of critique for metaphysics and worldviews that Naturopathic medicine can use in mounting both a critical, inquisitive and reflective approach to vitalism in teaching, practice and

CONCEPTS: **THE PROCESS OF HEALING**

A Hierarchy of Healing: Origins of the Therapeutic Order and Implications for Research

John S Finnell, ND, MPH, LAc; Pamela Snider, ND; Stephen P. Myers, ND, BMed, PhD; Jared Zeff, ND, LAc

Abstract

The philosophy, principles, and theories of naturopathic medicine include the six Principles of Naturopathic Medicine and the Therapeutic Order. Together these constructs, describe the core principles of the practice of naturopathic medicine, as established by thought leaders throughout the formation and development of the profession. The naturopathic medicine research agenda (NMRA) set forth recommendations for the codification of the foundational theories of naturopathic medical practice. The "Therapeutic Order, Whole-systems, Evidence-based Research Standards" (TOWERS)

initiative is proposed with the primary objective to conduct the rigorous evaluation of the Principles of Naturopathic Medicine and the Therapeutic Order constructs. It is envisioned that this initiative will result in the development of an evidence-base concerning the clinical theory, philosophy and principles of whole-systems naturopathic medicine. After over one hundred years of professional organization and formal practice, there is a need to translate these empirically derived constructs into an evidence-informed theory of naturopathic medicine.

John S Finnell, ND, MPH, LAc, Bastyr University Research Institute, Bastyr University, Kenmore, WA. Pamela Snider, ND, Foundations of Naturopathic Medicine Institute, Snoqualmie, WA; National University of Natural Medicine, Portland, OR; Bastyr University, Kenmore, WA. Stephen P. Myers, ND, BMed, PhD, National

approach to chronic illness, now is the time for naturopathic medicine to flourish.

The Naturopathic Medical Research Agenda (NMRA) funded by a grant from the National Institutes of Health National Center for Complementary and Integrative Health (NCCIH, formerly NCCAM; R21 AT833)

- [Emunctorology: Synthesizing Traditional Naturopathic Practice with Modern Science.](#)
- [Vitalism—A Worldview Revisited: A Critique Of Vitalism And Its Implications for Naturopathic Medicine](#)
- [A Hierarchy of Healing: Origins of the Therapeutic Order and Implications for Research](#)

FNMI Textbook Volumes *in press*



FOUNDATIONS OF NATUROPATHIC MEDICINE
Codifying our knowledge. It's time.

Naturopathic Medicine History and Professional Formation Timeline

- Revised and enriched *publication ready* manuscript presented at AANP and OANP 2019 Conventions
- Volume Publication delayed due to contractual issues

Nature Cure Volume: *in press* to be published in 2020

•

Also...

Therapeutic Order collection curated & assembled for debut on FNMI website

- Obtaining photo and author permissions prior to posting in 2020

Project Achievements to Date



FOUNDATIONS OF NATUROPATHIC MEDICINE
Codifying our knowledge. It's time.

65 additional FNM products—already delivered to the profession.

Notably...

- The *Naturopathic Medicine History and Professional Formation Timeline*
250 Page full color textbook, exhibit and digital product shipping when contracts signed and final galley revised.
Emunctorology Educational Course Module – presented to 1000+ NDs
- The *Diversity of the Vis* Series: Synthesis codified from of textbook submissions, 14 venues
- Three seminal, defining chapters in medical textbooks – expanded, updated
- Four International *FNM Editorial Retreats* – full proceedings & booklets
- Three professional surveys – the profession's theories, *Vis* principle, history
- Multiple professional journal articles (in addition to the IMCJ pre-releases above), presentations, teaching tools, and videos

Bastyr University

Theme = Collaborations

- UW Osher Center for Integrative Medicine – ongoing collaboration, spring inter-professional panel at BU
- IM4US – Integrative Medicine for the Underserved – continued relationship – expanding access
- Partnering with Virginia Mason Medical Center to offer holistic approaches to health within a major medical center in Seattle.



LEADING INNOVATION in NATURAL HEALTH EDUCATION

Bastyr University

Theme = Research

- Sample of important BU research publications:
 - ✓ *Journal of Multidisciplinary Healthcare* – two articles published on the role of humility while working in a collaborative care environment.
 - ✓ *Cochrane Library of Systematic Reviews* on "Biofeedback for the Treatment of IBS."
- 2020 study Toxicity and Diabetes with BUR1 and Joseph Pizzorno, ND – final funding phase
- Estate gift from an ND with an intent to fund Naturopathic Medicine research.



LEADING INNOVATION in NATURAL HEALTH EDUCATION

Bastyr University

Goals 2020

- Bastyr is committed to Diversity, Equity and Inclusion – hiring the first Associated VP of DEI among ND schools. Great work being done to open our education to more communities.
- BU is hiring for a new campus leader for the California campus. Spread the word. Looking for solid leadership skills, great external communication/fundraising experience, mentorship and team building capacity.
- Veterans Administration – continuing to find inroads



LEADING INNOVATION in NATURAL HEALTH EDUCATION

ILANP Update



2019 Q4 Update

- ILANP BOD members attended meetings/ fundraising events with key IL House and Senate leaders
- Workshop fundraiser held in September

2020 Agenda

- February Conference planned in collaboration with NUHS
- Possible IL Senate hearing in early 2020
- Continue to foster relationships with key legislators and grassroots lobbying groups
- Launch new ILANP website

Contact: Shaon Hines, ND (ILANP VP): drshaonhines@outlook.com



WANP Update 2019 Q4

● **Successful Annual Conference:**

- Naturopathic Management of Difficult Cases
- 15 Speakers on Wide Range of Topics
- Over 175 attendees; 40 exhibitors

● **Centennial Gala Celebration:**

- Over 250 attendees
- Over \$11,000 raised for WANP PAC.

● **Legislative Session Preparation:**

- Bill to expand Rx authority and update statute
- Pints and Politics Member Meet Ups
- Meeting with Legislators
- Muster Political Action Software

● **CE Program Development:**

- Pharmacy focus to meet new CE requirements
- Practice Management and Coding programs in the works

VAANP Update

Baron Glassgow

Executive Director



2020 Legislative Action

- ▶ **Turnover in the Virginia legislature has provided the perfect window of opportunity VAANP to move a ND licensing bill.**
- ▶ **Lobbyist has been retained and sponsors are being lined up.**
- ▶ **Growing financial support through:**
 - ▶ **Membership Growth**
 - ▶ **Grateful Patient Campaign**
 - ▶ **Corporate Sponsorships**
 - ▶ **CME Event**

Education

- ▶ **CME Webinar held December 7**
 - ▶ **The Ins and Outs of Chronic Disease Co-management**



WNF Update

Dr. Moira Fitzpatrick, ND, PhD (USA)

November 2019

WNF Update

Goal: To promote naturopathy / naturopathic medicine and to increase awareness of naturopathy internationally and to provide education to countries about the value of naturopathy to the health of all people.

Executive Committee represents seven world regions: Africa, Asia, Eastern Mediterranean, Europe, Latin America, North America, the Pacific

Committees:

Educational

Communications

Membership

AMR

Environmental Health

Professional Formation

Research

Achievements – 4th Quarter

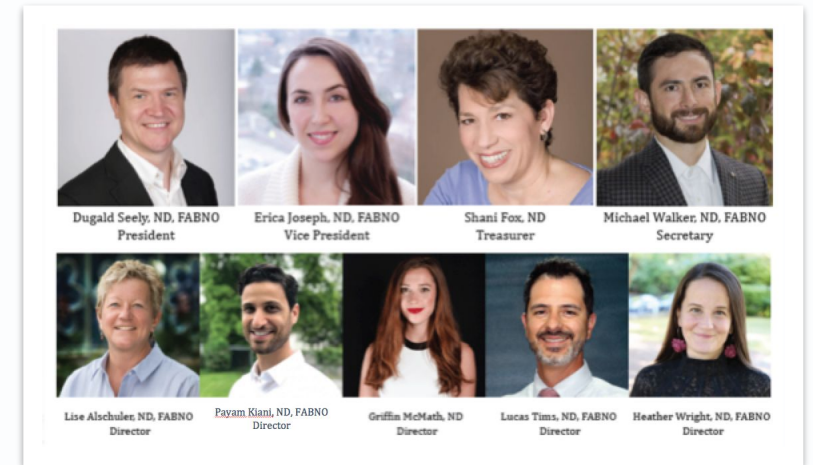
- 1) International Naturopathic Practice Survey funded by WNF has been submitted for publication. *Cross sectional study looking at patient and practice characteristics in naturopathy in 4 world regions.*
- 2) WNF's First Research Strategy Meeting occurred October 2, 2019 in Lyon France. The goal was to bring together Naturopathic professionals and Academic leaders to strengthen naturopathic research
- 3) WNF is wrapping up a very successful 9-month Social Media campaign on Anti-microbial Resistance.
- 4) WNF is conducting a survey to explore the breadth and nature of community clinics globally
- 5) Membership: 36 full, 12 associate, 18 educational
- 6) Sponsorship: 12 sponsors

Goals for 2020

- 1) Achieve official collaboration status with the WHO by 2022
- 2) Complete the Health Technology Assessment on Naturopathy
- 3) Initiation of a two-year Social Media campaign focused on Environmental Health. A research-based website will support the initiative on the WNF site.
- 4) Membership: increase full membership to 40 and educational members to 25
- 5) Educational programs: increase the number of naturopathic academic program with over 2500 hours of training to 75% and the number of programs with over 4000 hours to 20%
- 6) Sponsorship: increase corporate sponsorship to 20 organizations. Goal is to raise \$200,000

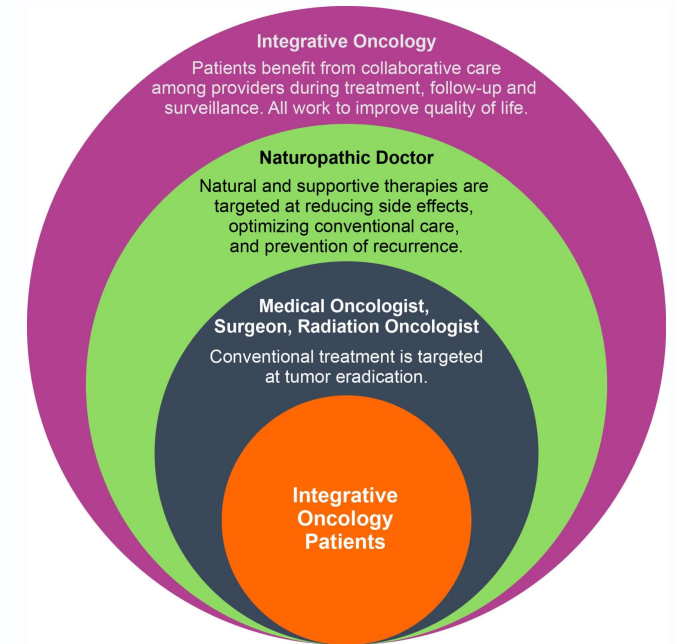
Contact Moira Fitzpatrick, US Representative: drmoirand@gmail.com

- Held Elections – See board to right
- Joint Conference with BCNA providing an oncology focused track for 1 day of event
- Presented 2 posters at the Society of Integrative Oncology Annual Conference in New York
- Received a Grant for the Knowledge in Naturopathic Oncology Website (KNOW)
- Provided Quality CE through webinars and our 8th Annual OncANP Conference in San Diego Feb 2019
- Held 8th Round of Board Certification Testing
- Currently have 10 residency sites/13 residents who are doing a naturopathic oncology-focused residency (Residency Directors – Dave Allderdice, Chad Aschtgen, Margaret Beeson, Ian Bier, Sharon Gurm, Dan Lander, Eric Marsden, Gurdev Parmar, Dugald Seely, Michael Traub)



KNOW
Knowledge in Naturopathic Oncology Website

- 9th Annual Conference – Feb 28th
- March 1st WeKoPaw Resort & Conference Center, Scottsdale, AZ
- Published “OncANP Principles of Care” in Current Oncology, Feb 2019 –A
- Next 3-5 Year Vision Planning
- Focused on building alliances and allied members of our organization to more naturopathic oncology into the full integrative oncology team





OncANP
Oncology Association of Naturopathic Physicians

Main Contact: Corey Murphy, OncANP Executive Director

CONTACT US



oncanp@gmail.com



800-908-517
5



www.oncanp.org



facebook.com/oncanp/



[@oncanp](https://twitter.com/oncanp)

Psychiatric Association of Naturopathic Physicians



PsychANP
Psychiatric Association of
Naturopathic Physicians

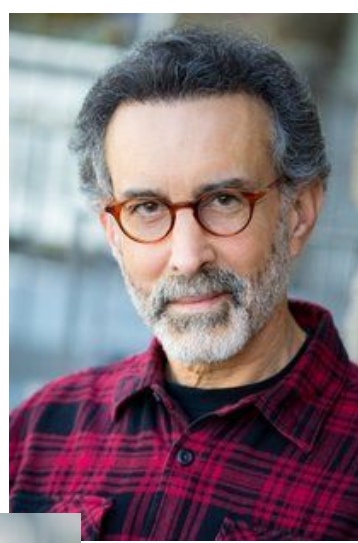
“Because There Is No
Health Without Mental
Health”

Contact:

www.psychanp.org

Dr. Kabran Chapek docchapek@amenclinic.com

Dr. Tara Peyman admin@drtarapeyman.com



PsychANP

- March 2016 the PsychANP officially became a 501c6 nonprofit organization.
- One the goals of initiating this organization was to create board certification for those interested in specializing in mental health.
- Another goal is to provide education and training to all ND's wanting to improve their skills to help those with psychological distress.

Projects and Long Term Goals

- Quarterly Newsletter
- Board Certification
- Annual Conference
- Research Initiative
- Writing: document “Principles of Care in Naturopathic Psychiatry”
- Student Involvement-
- Peer consultation groups and Webinars.
- Helping direct the creation of more Psych Focused residencies
- Textbook of Naturopathic Psychiatry



Helfgott
RESEARCH INSTITUTE

Research Programs at Helfgott



Select active research projects:



- T90/R90 BRIDG program:
 - 5-year clinical research training grant funded by NCCIH
 - Remains active, current grant ends 4/2020; renewal pending
 - In addition to individual post-docs, resulted in “Micro-courses in Clinical CIH Research” including case reports, meditation, yoga, etc.
- RO1 Xanthohumol Metabolism and Signature (XMaS)
 - 4-year grant funded by NCCIH
 - FDA-approved IND for Phase 1 trial; Phase 2 in Crohn’s planned for 2020
 - Actively recruiting with 12/24 randomized
- CIH Practitioner Admin Supplement to include Dr. Blake Langley in the XMaS RO1 trial
 - 1-2 year post-doctoral research experience
 - To begin 12/19
- Methylation Diet & Lifestyle Trial
 - Brought by Dr. Kara Fitzgerald and supported by Metagenics
 - In data analysis
 - Exciting results!
- Metagenics-funded Case Reports Training & Competition
 - Webinars planned for 1/2020
- International Cohort of Lifestyle Determinants of Health (INCLD Health) Student Cohort
 - Began recruitment at NUNM in Fall 2020



Recent & Emerging Collaborations



- University of Washington (R90)
 - Cathryn Booth-LaForce, PhD (School of Nursing)
 - Yvonne Lin, PhD (School of Pharmacy)
- Oregon State (RO1)
 - Fred Stevens, PharmD, PhD (Linus Pauling Institute)
- Oregon Health & Science University (OHSU)
 - Joe Aslan, PhD
 - Platelet Activation from Natural Products
 - Admin supplement submitted Oct. 15
 - Scott Mist, PhD, MSAOM
 - Resolvins in Chronic Pain
 - Early phase natural products grant in early 2020
- Active conversations:
 - RAND Corporation CIH Research Center
 - Ian Coulter, PhD and Patricia Herman, ND, PhD
 - Kaiser Center for Health Research
 - Health services demonstrations of CIH/Naturopathy

Naturopathic Physicians Research Institute

EXPLORING THE WAYS WE PRACTICE

*Naturopathic Medicine - the combination of the wisdom of nature
and modern science*

HOME

SUPPORT NPRI

CONTACT US

Naturopathic
Medicine - the
combination of
the wisdom of nature
and modern science

Our Mission

To disseminate and expand on Naturopathic medical research to help improve medical care for all and to improve health and wellness for everyone.

[READ MORE >](#)

Naturopathic Medicine

Working with nature to heal
and treat disease.

[READ MORE >](#)

Naturopathic Medical Research

Interested in what has been
researched and/or published? ...

[READ MORE >](#)

Naturopathic Research Network Group

*Join our
community!*

[JOIN NOW!](#)

Current Status of NPRI

- Non-profit structure remains active in state of OR
- Board has been relatively dormant for about 12 months pending community decisions about funding
- Structure is advantageous because it is independent of schools, associations, etc.
 - However, not being formally connected to the “schools” has limitations too, including access to necessary resources
- Active conversations about potential industry support that may “resurrect” NPRI

Integrative Healers Action Network



Integrative Healers
ACTION NETWORK

IHAN provides a pathway for integrative medicine practitioners to offer safe, effective, and necessary care to evacuees and first responders during major climate disasters.

Disaster Response for NDs



We have an established community partnership with the American Red Cross and have procured funding from them, which offers us the opportunity to provide care to some of the most underserved members of communities. Currently our partnership is for the state of California, however, we are in conversation with the ARC about a national partnership potentially starting in 2020.



Naturopathic Medicine Disaster Care

<< Integrative Healers Action Network >>



**Physical
Medicines**



**Diagnosis and
Management**



**Injections and
Nebulizer treatments**



**Supplementation
and Herbal Medicine**



**Minor
Wound Care**



**Homeopathic
Medicine**



**Biofeedback and
Counseling**



**Coordination and
referral to Medical
Tent**



**Diet and
Lifestyle**



Stay Updated



SUBSCRIBE TO NMC EMAILS

Monthly updates from stakeholders, quarterly webinars, contribution to action steps

Email **DrGriffin@NatureMed.org** or find Dr. Griffin McMath during #AANP2019 to be added to the list.

